

# Learn German Online with Nicole

Bonus Worksheet  
Setting One Goal for 2018



*Markieren Sie:* Which ideas do you like from each part?

## Part 1

I could create more effective study time by:

- finding a different time of day to study.
- shutting of all the notifications on my phone/tablet/computer/tv.
- finding a different place to study, e.g. the library, a different room, a new-to-me desk, locking myself in the bathroom and using a lap desk.
- shifting some responsibilities with my partner/spouse/roommate/the kids.
- putting in the time.

I could stretch myself by reviewing materials like:

- my previous chapter/book.
- my notes from my last class.
- everything I did last week or last month.
- anything I've already worked on.
- or: \_\_\_\_\_.

And I could review these just once/twice/three times per week.

## Part 2

I could learn 40 new vocab words for:

- 40 weeks.
- 45 weeks.

or I could stretch myself and learn 50 new words for

- 40 weeks.
- 45 weeks.
- 48 weeks.

(continued on the next page)

## Part 3

I could try something different this year and it only has to be ONE thing. It could be:

- doodling one German word a week, whether it's fun, easy, or hard to learn.
- checking my answers against the answer key.
- giving myself a smiley sticker for checking my answers.
- giving myself a star sticker (or butterfly stickers!) for every day I work on my German. For every 25 days, I could treat myself to a(n) \_\_\_\_\_.
- reading and re-reading the book I just ordered—once a month. I'll keep notes on my learning progress as I go and read them in December.
- taking a 10-minute break for every 30 minutes of study time and stretching.
- buying the beautiful Stabilo pens. These will be my special, German pens!
- creating a German learning routine.

To stretch myself, I could sign up for German lessons with Nicole for only two months. It's only an 8-week commitment, so I think these two months would work best for me:

- |                                   |                                    |                                       |
|-----------------------------------|------------------------------------|---------------------------------------|
| <input type="checkbox"/> February | <input type="checkbox"/> June      | <input type="checkbox"/> October      |
| <input type="checkbox"/> March    | <input type="checkbox"/> July      | <input type="checkbox"/> November     |
| <input type="checkbox"/> April    | <input type="checkbox"/> August    | <input type="checkbox"/> December     |
| <input type="checkbox"/> May      | <input type="checkbox"/> September | <input type="checkbox"/> January 2019 |

### Now choose your one goal.

Take a few breaths and clear your mind. *Einatmen, ausatmen...*

Re-read these two pages and consider the ideas you liked. Which one feels really easy to achieve? Which one feels like it's just too much to try right now? Cross those off. Cross off any others that feel too easy or too difficult to handle.

Look for a goal that's in the middle. Set this worksheet aside for a few hours and mull it over.

Then come back and choose just one of the ideas that you want to try.

*Schreiben Sie:*

My ONE German learning goal for 2018 is:

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Here's what I need to give myself the best resources to do this (e.g. do you need to buy a different desk? Create a log sheet for studying? Call the library and find out how to reserve a study room?):

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

How will you reward yourself when you have achieved your goal? It could be as small as making your favorite snack to as big as taking yourself to Germany. Think of three ideas here and then choose one for the goals page:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

Now write out your one goal on the special goal page (next page) and hang it up!

*Gut gemacht!*

If you've read these three blog posts and have taken the time to create your ONE goal for 2018, you can and should be immensely proud of yourself.

*Auf ein tolles 2018!*

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Would you like to share your goal with me? Email me at [nicole@germanwithnicole.com](mailto:nicole@germanwithnicole.com) .

*Ich freue mich drauf!*



My ONE goal for German learning in 2018 is:

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Here are the steps I need to take to achieve this one goal:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

And when I've achieved it, I will

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to reward myself for a job well done.

Name: \_\_\_\_\_

Date: \_\_\_\_\_